

Royal Netherlands Football Association
KNVB Academy





Coaching soccer & the interaction between coach and players

Hans Schrijver
NSCAA 2009 // St. Louis

January 2009



Coaching soccer & the interaction between coach and players



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Royal Netherlands Soccer Association

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Introduction

Hans Schrijver



-  Coach Under20 National Team
-  Scout Under 20 National Team
-  Scout Under 21 National Team
-  Instructor KNVB Academy (course: Coach UEFA A)

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Coaching soccer

&

'The art of asking questions' !

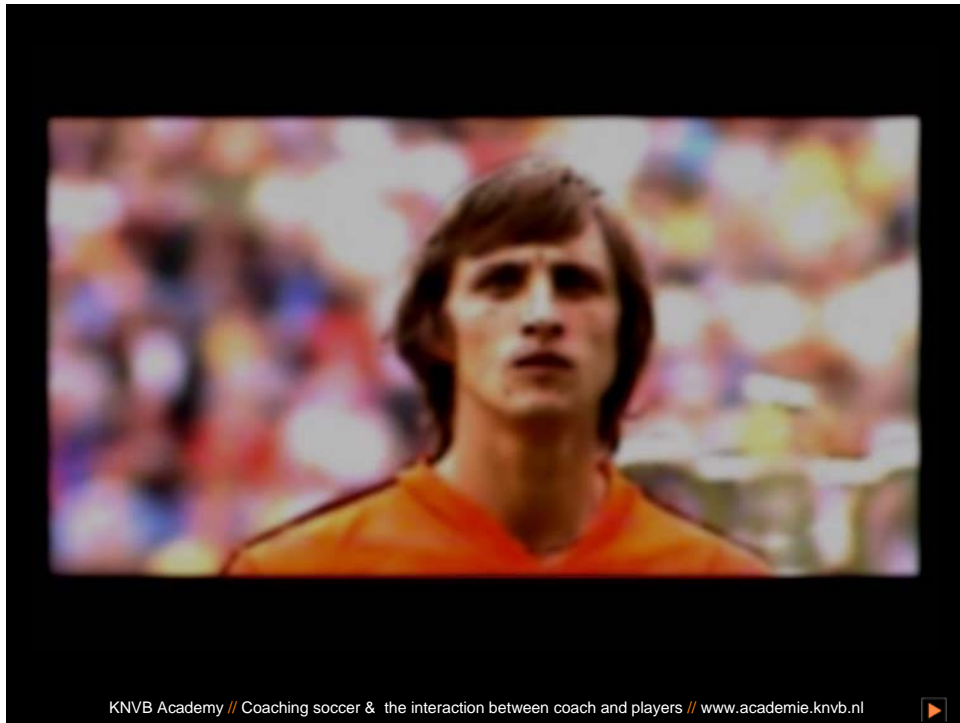
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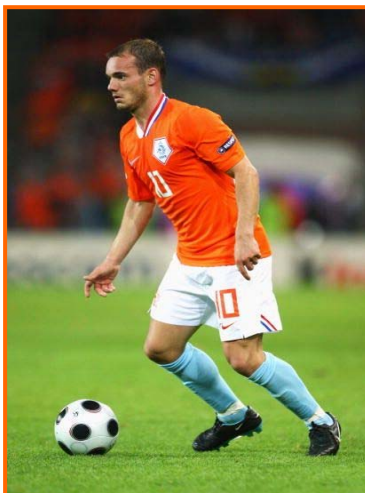
Dutch Soccer History

- | | |
|-------------|--|
| 1974 | World Cup Finalist
Cruyff (Michels) |
| 1978 | World Cup Finalist
Rensenbrink (Happel) |
| 1988 | European Champions
Van Basten (Michels) |
| 1998 | World Cup Semi finalist
Bergkamp (Hiddink) |

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Dutch Soccer 2008







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Dutch Soccer 2008



European Championship 2008

 The Netherlands -  Italy 3-0

 The Netherlands -  France 4-1



Dutch Soccer 2008



Robben, van Nistelrooy, Sneijder, van der Vaart
Real Madrid



van Persie
Arsenal



Kuyt
Liverpool



Sneijder // Real Madrid

Dutch Soccer Under 21



Dutch Soccer Under 21



- 2006** European Champions
- 2007** European Champions
- 2008** Quarter finalist Beijing Olympics

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Final
 **Netherlands - Ukraine** 
4 June 2006



UNDER21 CHAMPIONSHIP

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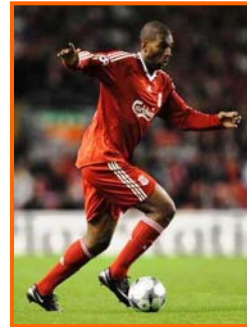
Dutch Soccer 2008



Huntelaar, Drenthe
Real Madrid



Babel
Liverpool



Babel // Liverpool

Dutch Soccer 2008



FIFA World Ranking (December 17)

1. Spain
2. Germany
3. *The Netherlands*
4. Italy
5. Brazil
6. Argentina

Dutch Secrets ?



Develop '*clever*' & *creative* players !



How?

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Dutch Vision (1)



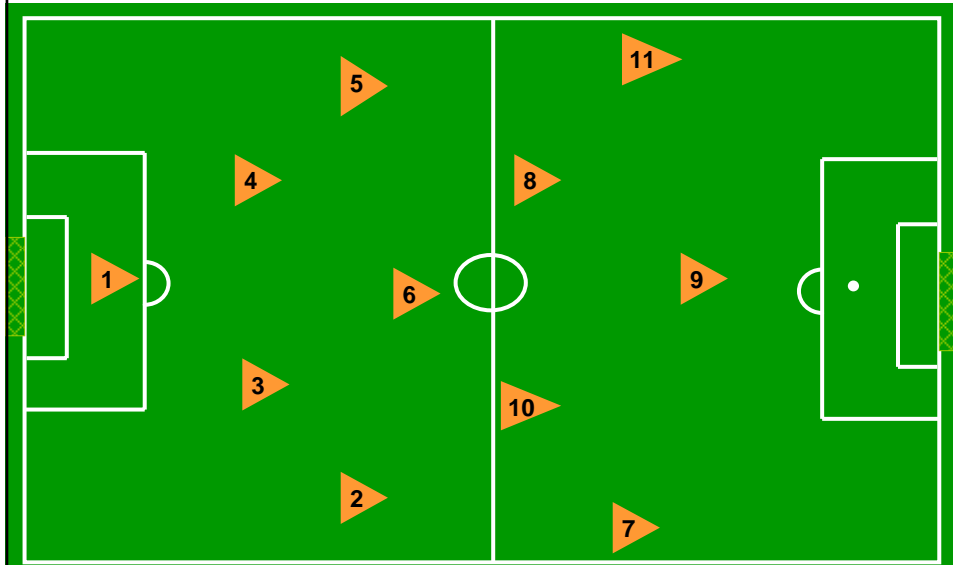
System of play 1-4-3-3

-  'Dictating the game'
-  Offensive positional play



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What makes 1-4-3-3 the ideal formation for offensive positional play?




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Is 1-4-3-3 the ideal formation for offensive positional play?



 Many triangles

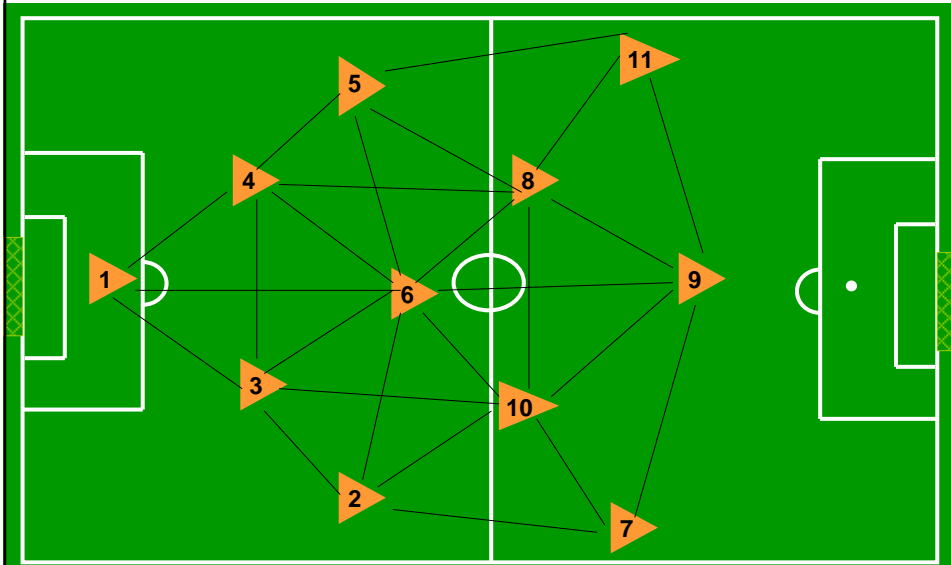
 Always depth

Option 1 !

 Maximum width

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Is 1-4-3-3 the ideal formation for offensive positional play?



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Dutch Vision ⁽²⁾

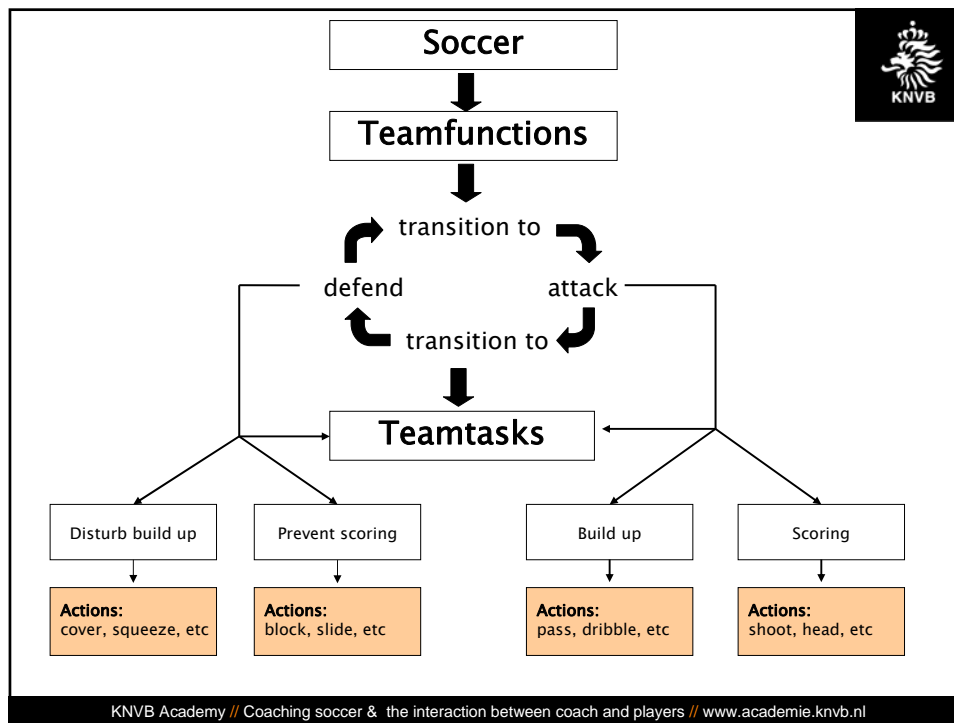


Structure for:

- 🕒 'Reading the game'
- 🕒 Defining the soccer problems
- 🕒 Formulating the objectives for the training



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Dutch Vision (2)

The questions for the coaches:

- 🌀 What's the soccer problem?
- 🌀 When does it happen?
- 🌀 Where on the pitch?
- 🌀 Who are the key players?
- 🌀 Which role does the opponent have?

Dutch Vision ⁽³⁾



Demands for training:

Simplify soccer:

from 11:11 to 9:9, 8:7, 7:7, 7:6, 6:6, 6:5, 4:4, etc.



Always defend, attack & transition as in the game itself

Dutch Vision ⁽³⁾



Demands for training:

With the right coaching !

-  By stopping the game in the soccer situation !
-  By giving instructions, tips, examples and by????



Dutch Vision ⁽⁴⁾



Asking questions !

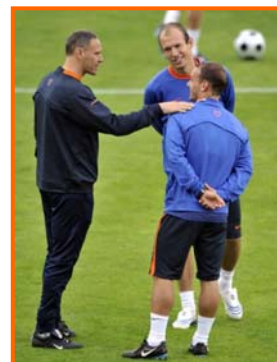
Dutch Vision ⁽⁴⁾



Effectivity?

We remember:



- 🎯 10% of what we hear
- 🎯 35% of what we see
- 🎯 55% of what we hear and see
- 🎯 70% of what we say ourselves
- 🎯 90% of what we say and do ourselves



Dutch Vision ⁽⁴⁾

'The art of asking questions'





-  Asking the right questions will improve the players' *perception* of the complex soccer situations
-  It will enlarge their *awareness* of the possible soccer solutions

Dutch Vision ⁽⁴⁾

'The art of asking questions'



-  Asking the right questions will teach the players to make the *right choice* of the soccer actions *themselves*
-  It will motivate them to take *responsibility* of their own soccer performance

Dutch Vision ⁽⁴⁾

'The art of asking questions'



It will develop '*clever*' & '*creative*' players !

Dutch Vision ⁽⁴⁾

'The art of asking questions'

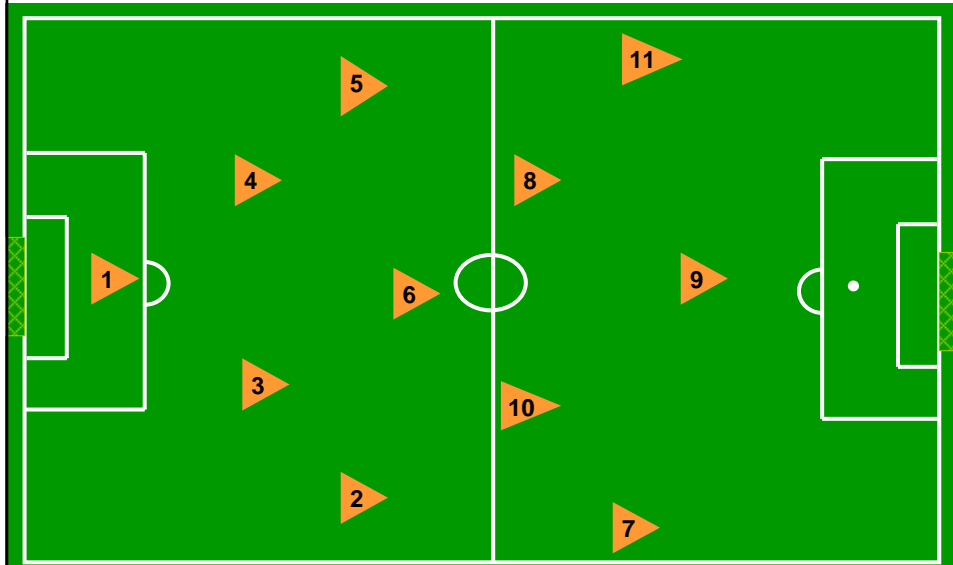


What kind of questions?

- 🕒 Open questions, starting with:
what, when, where, who, which?
- 🕒 Better not:
why?

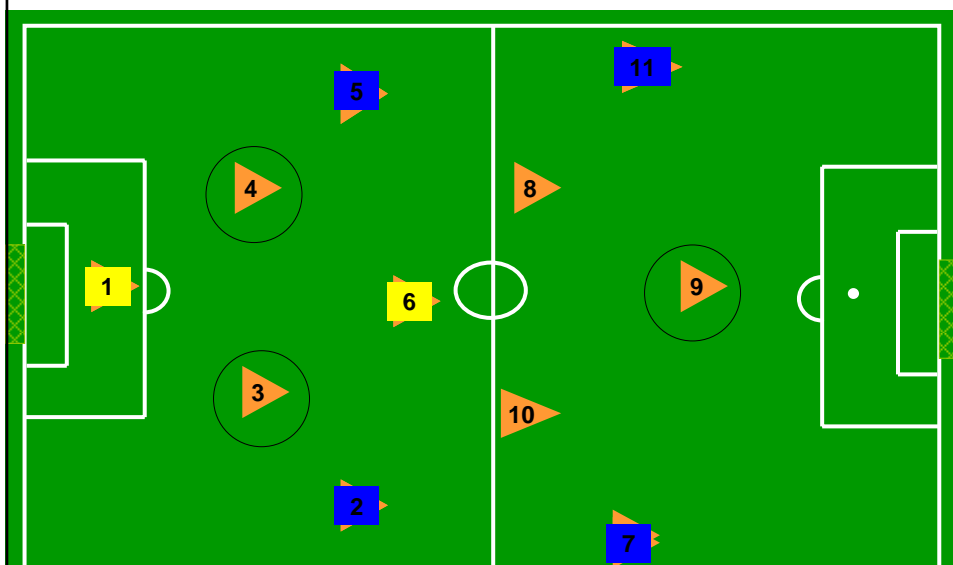


Training tomorrow ! System of play 1-4-3-3



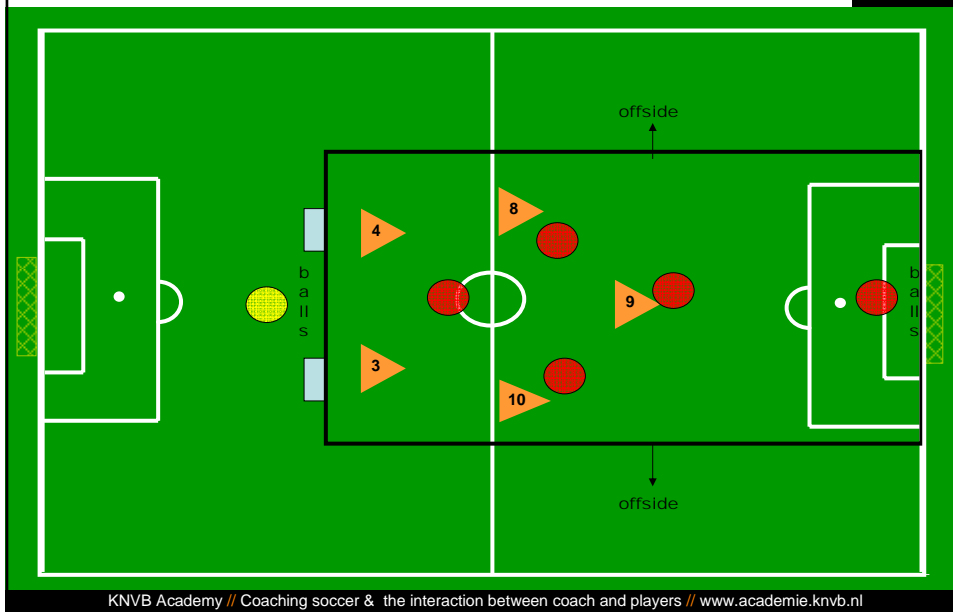
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Teamfunction : to attack Teamtask : to build up
Objective : to improve playing deep by 3 and 4 to 9



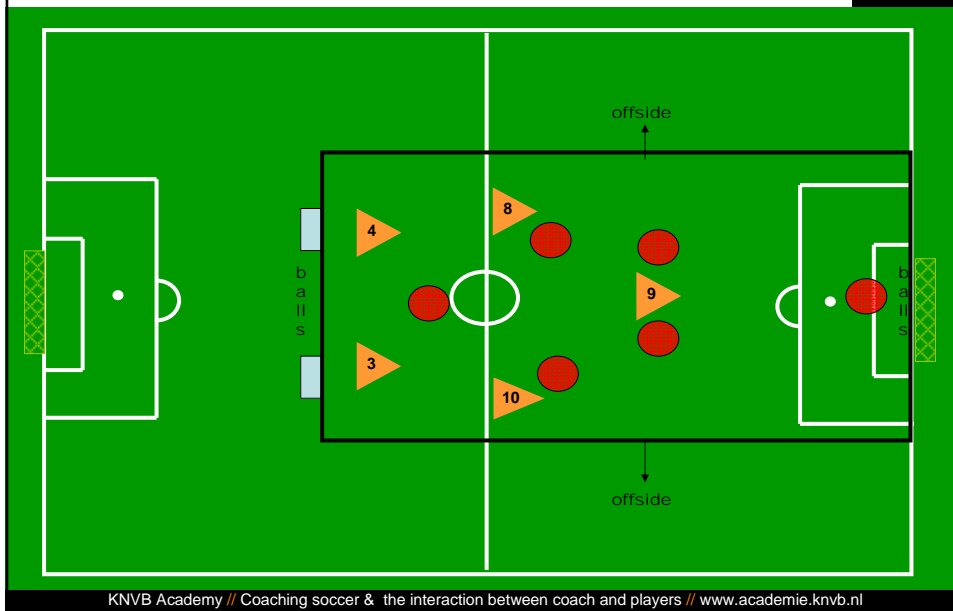
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Starting 5:5



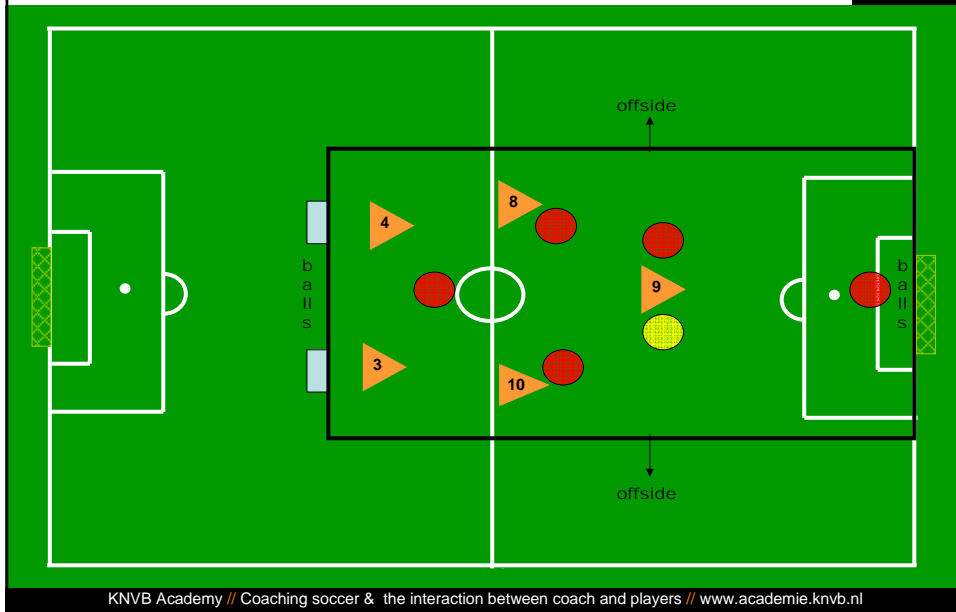
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Ending 5:6

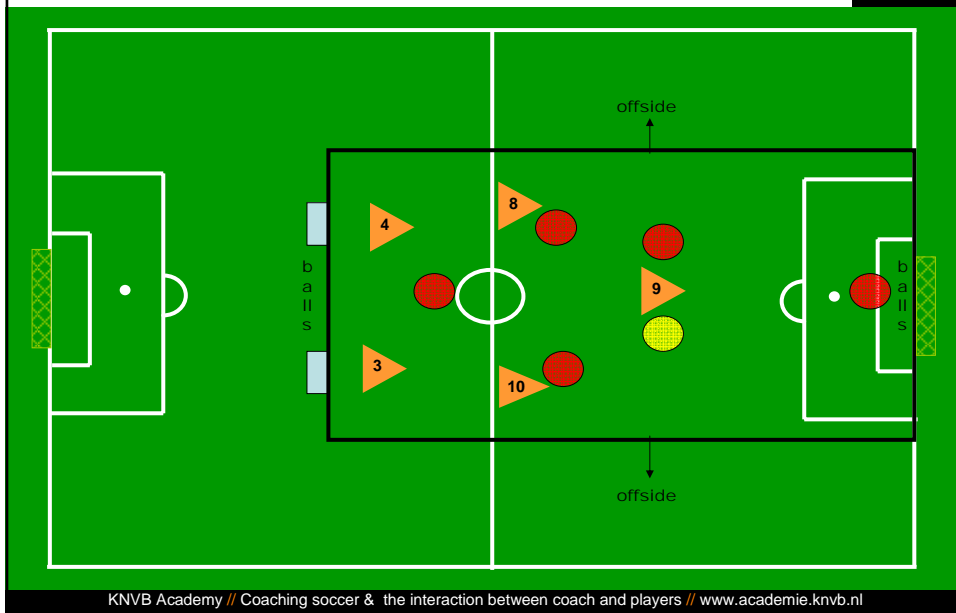


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Coaching: Which questions for #3 & #4?



Coaching: Which questions for #9?





Any questions ?

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In the Netherlands we organize the KNVB International Course, in the USA we organize team camps at your clubs location.

For more information, please visit **Premier International Tours** (formerly knows as Euro-Sportring) at booth 1203.

In addition to this, please feel free to drop you contact information at the Premier International Tours staff if you would like to receive a copy of this presentation.

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TOURS**

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Thank you for your attention

&

see you tomorrow

(12:30 PM – 1:45 PM // CC – Exhibit Hall 5)